

Taylor-Johnson Temperament Analysis®
Self Interpretive Report

Name: **ROBERT WHITE**

Age: **39**

Gender: **Male**

Marital Status: **Married**

Date: **10-28-2005**

ID Number: **T55551**

Norms: **General Adult Population**

Counselor: TAYLOR

THIS IS AN EXCERPT FROM
AN INTERPRETIVE REPORT.
NOT ALL TRAITS ARE
INCLUDED.



INTRODUCTION

The Taylor-Johnson Temperament Analysis (T-JTA) is designed to measure a number of significant personality traits, for the assessment of individual adjustment. These particular traits were selected because they are important components of personal adjustment and influence interpersonal relationships. This report represents **ROBERT's** self-perception at the time he responded to the T-JTA questions. It provides information about the respondent's feelings, attitudes, and behavior patterns for use in developing a treatment plan, objectives, and evaluating progress and change. It identifies personal strengths and weaknesses that are reported by the respondent that can be explored in counseling.

This report is designed for use by a qualified professional. Only the T-JTA Profile included with this report is designed for discretionary use with the respondent. All information in this report should be considered strictly confidential.

Do not make important decisions on the basis of this report alone without confirmation by other means. It is not intended as a substitute for clinical judgment. The ultimate interpretation of the T-JTA is the responsibility of the counselor who must take into consideration any other pertinent information concerning the respondent.

VALIDITY CONSIDERATIONS

STEN RANGES

The Sten Score Ranges are as follows:

Stens 8, 9, 10 are considered HIGH.
Stens 4, 5, 6, 7 are considered NEUTRAL.
Stens 1, 2, 3 are considered LOW.

VALIDITY INDICATORS SUMMARY

The T-JTA includes three validity indicators: the **Total Mid** count, **Attitude Scale Sten** score and the **Consistency Scale Sten** score.

| <u>Validity Scale</u> | <u>Score</u> | <u>Range</u> |
|------------------------|--------------|--------------|
| Total Mids | = 10 | |
| Attitude Scale Sten | = 7 | Neutral |
| Consistency Scale Sten | = 7 | Neutral |

MID TOTAL

The **Mid Total** score advises the counselor concerning the influence **undecided** responses may have on the validity of the test results. Although there is no clear-cut, definitive marker or cut off which delineates boundaries for degrees of validity, a combination of statistics and practice suggests the following:

TOTAL MIDS

| | |
|--------|----------------------------------|
| 0-30 | Excellent to Acceptable Validity |
| 31-50 | Progressive impact on Validity |
| 51-180 | Impaired Validity to no Validity |

ROBERT's total MID count is **10**.

ATTITUDE SCALE

The **Attitude Scale** serves to alert the counselor to the possibility that the respondent is painting a picture of psychological functioning that may be either too optimistic or too pessimistic.

A HIGH Attitude Scale Sten score suggests a positive self perception or defensive overstatement. A LOW Attitude Sten score suggests self-disparagement or purposeful exaggeration of undesirable characteristics. The LOW scorer is often the victim of a negative self perception and/or wishes to emphasize the depth of self concern.

ROBERT's Attitude Scale Sten Score:

Sten = **7**
Range = **Neutral**

ROBERT's score in the **NEUTRAL** range suggests that he answered the questions in an unbiased or balanced manner, showing little tendency to answer in either a self-critical or a self-favoring direction.

CONSISTENCY SCALE

The **Consistency Scale** is a measure of the way a respondent answered questions which are similar in nature, i.e. those with high intercorrelations. Like the Attitude Scale Sten score, the Consistency Scale Sten score interpretation is HIGH, NEUTRAL, or LOW. The score is related to reliability, but a HIGH score does not guarantee validity.

ROBERT's Consistency Scale Sten Score:

Sten = **7**
Range = **Neutral**

ROBERT's score in the **NEUTRAL** range indicates that there was reasonable consistency in answering similar questions.

TRAIT PATTERNS

Certain trait score combinations or patterns have special meaning beyond the individual trait scores themselves. Patterns are not really diagnostic entities or syndromes; rather, they help to clarify the multiple personality forces which contribute to the total behavior of the individual. Trait Patterns are reported to call attention to the T-JTA Profile where the experienced T-JTA user gets a sense of the existence and significance of various patterns.

Please remember that Trait Patterns do not represent measurement per se. They are based on a sense or feeling for certain response characteristics gained from experience with the T-JTA.

INTERPRETATION OF T-JTA TRAIT SCORES

For the convenience of the counselor, T-JTA Trait categories have been broken down into response configurations and question groupings called **RESPONSE THEMES**.

SHADED ZONES

Shaded Zone indications deal with empirical or clinical desirability as indicated by the profile shading. Thus a respondent who has an 'average' sten (5 or 6) might be listed 'improvement desirable' in zone indication. 'Average' is typical, not necessarily exemplary.

TRAIT A, NERVOUS/COMPOSED

This trait measures nervousness whether induced by internal stimuli or by external circumstances. Manifestations may be excitability and distractibility, and/or excessive stress in response to circumstantial pressures.

ROBERT's scores:

Percentile = 57

Sten = 6

Shaded zone = Improvement Desirable

ROBERT reports that he experiences some pressure.

Please refer to the **RESPONSE THEMES** below for explicit patterns or tendencies.

Nervous/Composed Response Themes

Excitable, Easily Distracted

15., Is...easily bothered by noise and confusion? - **YES**

35., Do noisy, active children get on...'s nerves? - **YES**

Calm, Relaxed

- 3., Is...relatively calm when others are upset or emotionally disturbed? - YES
- 7., Does...have difficulty concentrating while reading or studying? - NO
- 17., Does...usually appear composed and serene? - YES
- 27., Is...more excitable than most people? - NO
- 32., Does...quickly recover composure after an accident or other disturbing incident? - YES
- 72., Is...regarded as a 'high-strung' person? - NO
- 75., Does...often have 'the jitters' for no particular reason? - NO

Tense, Restless

- 65., Does...find it difficult to relax because of a restless need to be constantly busy? - YES
- 68., Does...seek release from tension by excessive smoking, eating, or drinking? - YES
- 80., Does...get tense and anxious when there is much work to be done in a short time? - YES

Tranquil

- 25., Does...feel uneasy when riding or driving in traffic? - NO
- 38., Does...often allow tension to build up to the point of feeling 'ready to explode'? - NO
- 40., Does...frequently use medication to aid in relaxation? - NO
- 44., Is...relatively free from worry and anxiety? - YES
- 47., Does...worry a great deal about health? - NO
- 56., Does...have any nervous mannerisms such as nail-biting, foot-tapping, etc.? - NO
- 62., Does...suffer from indigestion or loss of appetite when worried or under tension? - NO
- 70., Does...sleep well, and find it easy to relax when sitting or lying down? - YES

TRAIT B: DEPRESSIVE/LIGHTHEARTED

This trait measures depressive tendencies and reactions characterized by feelings of discouragement and dejection. In everyday language we speak of 'feeling depressed' meaning a temporary downturn in mood: gloomy, dejected, sad. Some individuals suffer from a severe and prolonged depression in which they feel profoundly sad, joyless, empty and lonely. Help may be needed in defining antecedent events or circumstances in order to ease the pain of a disturbing incident and to assist in rebuilding self-esteem and a sense of well-being.

ROBERT's scores:

Percentile = 38
Sten = 4
Shaded zone = Acceptable

ROBERT reports that he is rarely, if ever, troubled by depressive tendencies.

Depressive/Light-Hearted Response Themes

Feelings of Rejection & Inadequacy

127., Is...bothered at times by feeling unappreciated or by the idea that 'nobody cares'? - YES

Feelings of Discouragement, Dejection, Pessimism

101., Is...hopeful and optimistic about the future? - MID

Questions Answered in the Light-Hearted Direction

97., Does...feel disillusioned about life? - NO

118., Does...feel that life is very much worth living? - YES

135., Is...often so low in spirit as to be close to tears? - NO

139., When deeply disturbed about something has...ever contemplated suicide? - NO

155., Does...at times suffer extreme physical exhaustion resulting from emotional conflicts? - NO

180., Does...have periods of depression without apparent reason which last for several days or more? - NO

171., Does...have periods of idleness when it is difficult to find any reason for either physical or mental effort? - NO

104., Does...have phobias or a deeply disturbing fear of any object, place, or situation? - NO

94., Does...often feel left out or unwanted? - NO

142., Is...often troubled by a lack of self-confidence? - NO

146., Is...easily disheartened by criticism? - NO

169., Does...often feel discouraged because of a sense of inferiority? - NO

130., Does...often dwell on past misfortunes? - **NO**

176., Does...often feel depressed by memories of childhood or other past experiences? - **NO**

116., Are there times when...feels discouraged or despondent over lack of progress or accomplishment? - **NO**

137., Is...frequently depressed because of personal problems? - **NO**

152., Does...often have 'the blues' or feel downhearted for no apparent reason? - **NO**

159., Does...smile or laugh a good deal? - **YES**

TRAIT C: ACTIVE-SOCIAL/QUIET

This trait consists of two aspects. One aspect is characterized by ACTION - energy and activity. The other aspect is characterized by SOCIALITY - an interest in social interaction.

ACTIVE: **ROBERT** sees himself as **EXTREMELY HIGH** on this portion of the scale.

SOCIAL: **ROBERT** sees himself as **HIGH AVERAGE** on this portion of the scale.

ROBERT's scores:

Percentile = **90**

Sten = **10**

Shaded zone = **Excellent**

A score in this range suggests a preference and, perhaps, need for activity and social participation. Please refer to the **RESPONSE THEMES** for possible variations.

Active-Social/Quiet Response Themes

Active Life Style

6., Does...prefer a restful, inactive vacation to an energetic one? - **NO**

16., Does...avoid physical exertion and strenuous activity? - **NO**

19., Does...like to keep on the move in order not to waste time? - **YES**

26., Does...exercise regularly in order to keep in condition? - **YES**

33., Does...move briskly and with energy? - **YES**

37., Is...the kind of person one might call a 'self-starter' or a 'go-getter'? - **YES**

42., Does...have a wide range of interests? - **YES**

45., Does...like to have plenty to do? - **YES**

55., Is...considered an industrious and tireless worker? - **YES**

82., Does...enjoy activity and excitement? - **YES**

89., Would people refer to...as a person who is 'always on the go'? - **YES**

Tolerant

172., Does...maintain that most people are 'out for all they can get'? - **NO**

Dominant/Hostile Trait Pattern

G+ Dominant
H+ Hostile

A high Dominant score suggests confidence and the inclination to be assertive, which are considered positive characteristics. However, when an elevated Dominant score is accompanied by a high Hostile score, it suggests that the individual is confident enough to express his or her resentment and anger, which can have a destructive effect on social, marital and parent-child relationships.

ROBERT falls in this pattern.

Dominant/Hostile/Subjective Trait Pattern

F+ Subjective
G+ Dominant
H+ Hostile

When high Dominant and Hostile scores are accompanied by a high Subjective score, this suggests that the individual is preoccupied with himself or herself to the exclusion of conscious consideration for others. He or she is likely to be so emotionally biased or influenced that the stands taken and the arguments offered may be distorted and without much validity.

ROBERT falls in this pattern.

TRAIT I: SELF-DISCIPLINED/IMPULSIVE

This trait explores three essential components of self-mastery:

ORGANIZED: **ROBERT** sees himself as **VERY HIGH** on this portion of the scale.

CONTROL: **ROBERT** sees himself as **HIGH** on this portion of the scale.

PERSEVERENCE: See the **RESPONSE THEMES** (*) for information about PERSEVERENCE.

ROBERT's scores:

Percentile = **72**
Sten = **8**
Shaded zone = **Excellent**

A score in this range suggests that **ROBERT** is self-controlled and is generally inclined to be well organized, orderly and persevering. The inclination in this direction may be excessive under certain circumstances.

Please refer to the **RESPONSE THEMES** below for explicit patterns or tendencies.

Self-disciplined/Impulsive Response Themes

Organized, Orderly

- 30., Is...extremely neat and orderly? - **YES**
- 77., Does...make plans well in advance of the event and carry them out? - **YES**
- 83., Does...prepare a budget and make every effort to stay within it? - **YES**
- 95., Does...have a place for everything and everything in its place? - **YES**
- 133., Is...very methodical about keeping records of personal and business affairs? - **YES**
- 153., Does...work methodically and deliberately? - **YES**

Lax or Not Overly Concerned with Order

- 20., Is...a well-organized person who likes to do everything according to schedule? - **NO**

Controlled, Careful

- 22., Does... act deliberately rather than impulsively? - **YES**
- 61., Does...get into difficulty occasionally because of some impulsive act? - **NO**
- 66., Is...easily tempted by a bargain? - **NO**
- 120., Is...apt to be too hasty in making decisions? - **NO**
- 124., Is...inclined to stop and think before acting? - **YES**
- 166., Does...often do things on the spur of the moment? - **NO**

Impetuous

- 11., Does...make many unrealistic plans for the future, which later have to be abandoned? - **YES**
- 79., Does...enjoy taking chances? - **YES**
- 168., Does...find it hard to break a habit such as smoking or overeating? - **YES**

Persevering

- 58., Does...find it difficult to follow a definite plan? - **NO**
- 115., Does...like to stick to one job until it is finished? - **YES**
- 126., Is...always working toward some future goal? - **YES**

SCALE 6, INDUSTRIOUS/PERSEVERING

This scale is an indication of initiative, tenacity of purpose and other qualities which go with self-assertion and leadership. High scorers on this scale tend to be cautious, prudent, organized, diligent and perseverant. They like to be in charge so that events will proceed along these lines. They are usually effective leaders and influence others without being perceived as excessively "bossy". Normally, all sides of an issue are considered, then a stand is taken to support and defend what is believed to be relevant and appropriate.

A low score suggests that the respondent lacks many of the qualities which go with self-assertion, proficiency and productivity. Low scorers are rarely internally motivated and prefer and need to have someone to look up to depend upon, and to direct them.

ROBERT's Industrious/Persevering Scores:

Percentile = 54
 Sten = 6
 Range = Average

SCALE 7, PERSUASIVE/INFLUENTIAL

The high end of this scale describes a 'people-centered', outgoing individual who is not only convivial, but energetic, forceful and convincing. The low scorer may lack confidence, or just not be interested in verbal exchange and talking people into a particular action or point of view.

ROBERT's Persuasive/Influential Scores:

Percentile = 98
 Sten = 10
 Range = Average

SUMMARY

ROBERT's Attitude Scale Sten Score is 7. This is **Neutral**.

ROBERT's Overall Adjustment Sten Score is 6. This is considered **Average**.

SUMMARY OF T-JTA TRAIT SCORES AND PROFILE SHADED ZONE INDICATIONS

| TRAIT | A | B | C | D | E | F | G | H | I | TOTAL MIDS |
|-------------|-----------------------|------------|---------------|-----------------------|-----------------------|--------------------|---------------------|--------------------|------------------|------------|
| TRAIT | NERVOUS | DEPRESSIVE | ACTIVE-SOCIAL | EXPRESSIVE-RESPONSIVE | SYMPATHETIC | SUBJECTIVE | DOMINANT | HOSTILE | SELF-DISCIPLINED | |
| MIDS | 0 | 1 | 0 | 0 | 2 | 3 | 1 | 2 | 1 | 10 |
| RAW SCORE | 10 | 3 | 36 | 32 | 28 | 17 | 35 | 28 | 31 | |
| STEN | 6 | 4 | 10 | 6 | 4 | 9 | 10 | 10 | 8 | |
| %ILE | 57 | 38 | 90 | 53 | 36 | 87 | 95 | 96 | 72 | |
| SHADED ZONE | IMPROVEMENT DESIRABLE | ACCEPTABLE | EXCELLENT | ACCEPTABLE | IMPROVEMENT DESIRABLE | IMPROVEMENT NEEDED | SEE COMMENT BELOW.* | IMPROVEMENT NEEDED | EXCELLENT | |

* **DOMINANT:** A very high Dominant score suggests an individual who is overly dominant or domineering and who is likely to arouse resentment and alienate others. In order to understand its implications, the dominant score should be considered in conjunction with the overall test results.

TRAIT PATTERN(S) WITH POSSIBLE SIGNIFICANT IMPLICATIONS

| | |
|-----------------------------|----------|
| Dominant/Hostile | G+ H+ |
| Dominant/Hostile/Subjective | G+ H+ F+ |

KEY QUESTIONS WITH POSSIBLE SIGNIFICANT IMPLICATIONS FOR PERSONAL AND/OR INTERPERSONAL ADJUSTMENT

- 31., Is...so self-assured that at times it is annoying even to friends? - MID
- 68., Does...seek release from tension by excessive smoking, eating, or drinking? - YES
- 91., Is...able to express affection without embarrassment? - NO
- 92., Is...apt to make thoughtless, unfeeling remarks? - YES
- 99., Does...sometimes become so emotional as to be unable to think or act logically? - MID
- 106., Does anyone ever complain that...is 'bossy' or unreasonable? - YES
- 111., Does...have a quick temper? - YES
- 113., Is...inclined to be argumentative? - YES
- 117., Is...inclined to 'tell people off'? - YES
- 127., Is...bothered at times by feeling unappreciated or by the idea that 'nobody cares'? - YES
- 129., Is...apt to be sarcastic when annoyed with someone? - YES
- 134., Is...likely to be jealous? - YES
- 147., Does...frequently tend to dominate people around him or her? - YES
- 158., Does...often make such blunt, cutting comments that someone's feelings are hurt? - YES
- 161., Is...superior or overbearing in attitude toward others? - YES
- 178., Does...feel restrained and inhibited in a love relationship? - YES

ROBERT on Self

| SUMMARY OF SUPPLEMENTAL SCALE SCORES | %ILE | STEN | RANGE |
|--------------------------------------|------|------|---------|
| Overall Adjustment | 52 | 6 | Average |
| 1. Emotional Stability | 50 | 6 | |
| 2. Self-Esteem | 90 | 10 | |
| 3. Outgoing/Gregarious | 96 | 10 | |
| 4. Interpersonal Effectiveness | 6 | 1 | |
| 5. Alienating | 97 | 10 | |
| 6. Industrious/Persevering | 54 | 6 | |
| 7. Persuasive/Influential | 98 | 10 | |

END OF REPORT