

CONFIDENTIAL BRIEF SELF REPORT

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COUNSELOR: .

ROBERT WHITE's Brief Self Test Results      Date of Test: 10-28-2005

Test Scored 10-28-2005 with 2002 GENERAL ADULT MALE NORMS.

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D O N O T   M A K E   I M P O R T A N T   D E C I S I O N S   O N   T H E   B A S I S   O F   T H I S   R E P O R T  
A L O N E   W I T H O U T   C O N F I R M A T I O N   B Y   O T H E R   M E A N S .   I T   I S   N O T   I N T E N D E D   A S   A  
S U B S T I T U T E   F O R   C L I N I C A L   J U D G E M E N T ;   N O R   W A S   I T   D E S I G N E D   T O   B E   S H O W N  
T O   T H E   R E S P O N D E N T .   O N L Y   T H E   A T T A C H E D   P R O F I L E   I S   I N T E N D E D  
F O R   D I S C R E T I O N A R Y   U S E   I N   T H E   C O U N S E L I N G   S I T U A T I O N .

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The following report represents ROBERT's SELF-PERCEPTION at the time he responded to the T-JTA questions. The purpose is to provide information about the respondent's feelings, attitudes, and behavioral patterns for use in planning counseling procedures and the evaluation of the counseling progress.

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=          T E S T   V A L I D I T Y   D A T A          =
=          -----
=
=          MID           ATTITUDE           CONSISTENCY           =
=          TOTAL         SCALE              SCALE              =
=
=          10           7 NEUTRAL           7 NEUTRAL           =
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\* \* \*

M I D T O T A L  
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The Mid Total advises the counselor concerning the influence UNDECIDED responses may have on the validity of the test results. Although there is no clear-cut, definitive marker or cut off point which delineates boundaries for degrees of validity, a combination of statistics and practice suggests the following:

TOTAL MIDS

0-30	Excellent to Acceptable Validity
31-50	Progressive impact on validity.
51-180	Impaired validity to no validity - Attitude and Consistency Scales considered invalid.

ROBERT's total MID count is 10.

A T T I T U D E S C A L E  
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This scale serves to alert the counselor to the possibility that the respondent is painting a picture of psychological functioning that may be either too optimistic or too pessimistic. A high attitude sten score SUGGESTS a positive self perception or defensive overstatement. A low attitude sten score SUGGESTS self-disparagement or purposeful exaggeration of undesirable characteristics. The low scorer is often the victim of a negative self perception and/or wishes to emphasize the depth of self concern.

ROBERT's Attitude scale sten score is 7, which is NEUTRAL.

C O N S I S T E N C Y S C A L E  
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This scale alerts the counselor to how well the testee's responses to similar pairs of questions agree. The score is related to reliability, but a high score does not guarantee validity.

ROBERT's Consistency scale sten score is 7, which is NEUTRAL.

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O V E R A L L   A D J U S T M E N T

This scale is designed to portray overall personal and social adjustment. It represents a statistical sampling of questions selected from each of the nine T-JTA traits, combining the various facets of personality represented in the test, and serves as a broad gauge of personal functioning and adjustment. In a sense, it is a measure of how effectively the subject interacts and copes with life circumstances.

ROBERT falls at the 53rd percentile with a sten of 6. This is considered AVERAGE.

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PLEASE TAKE NOTE OF THIS COMMENT:  
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= 'SHADED ZONE INDICATIONS' deal with empirical or	=
= 'clinical' desirability as indicated by the profile	=
= shading. Thus a respondent who has an 'average'	=
= sten (5 or 6) might be listed 'improvement desirable'	=
= in zone indication. 'Average' is typical,	=
= not necessarily exemplary.	=

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SUMMARY OF SCORES & PROFILE SHADED ZONES  
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	RAW SCORE -----	STEN ----	%ILE ----	SHADED ZONE -----
A NERVOUS	10	6	54th	IMPROVEMENT DESIRABLE
B DEPRESSIVE	3	4	34th	ACCEPTABLE
C ACTIVE SOCIAL	36	10	90th	EXCELLENT
D EXP.-RESPONSIVE	32	6	55th	ACCEPTABLE
E SYMPATHETIC	28	4	34th	IMPROVEMENT DESIRABLE
F SUBJECTIVE	17	9	86th	IMPROVEMENT NEEDED
G DOMINANT	35	10	95th	ACCEPTABLE
H HOSTILE	28	10	97th	IMPROVEMENT NEEDED
I SELF DISCIPLINED	31	8	73rd	EXCELLENT

\* Certain scores which are in the right direction may be too high for good interpersonal relations.

ROBERT's DOMINANT score is at the 95th percentile.

\* \* \*

TRAIT PATTERN(S) WITH POSSIBLE SIGNIFICANT IMPLICATIONS

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DOMINANT/HOSTILE TRAIT PATTERN

G+ H+

\* \* \*

KEY QUESTIONS WITH POSSIBLE NEGATIVE IMPLICATIONS FOR

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PERSONAL/INTERPERSONAL ADJUSTMENT

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68. Does...seek release from tension by excessive smoking, eating, or drinking? YES
127. Is...bothered at times by feeling unappreciated or by the idea that 'nobody cares'? YES
91. Is...able to express affection without embarrassment? NO
178. Does...feel restrained and inhibited in a love relationship? YES
99. Does...sometimes become so emotional as to be unable to think or act logically? MID
134. Is...likely to be jealous? YES
31. Is...so self-assured that at times it is annoying even to friends? MID
92. Is...apt to make thoughtless, unfeeling remarks? YES
106. Does anyone ever complain that...is 'bossy' or unreasonable? YES
111. Does...have a quick temper? YES
113. Is...inclined to be argumentative? YES
117. Is...inclined to 'tell people off'? YES
129. Is...apt to be sarcastic when annoyed with someone? YES
147. Does...frequently tend to dominate people around him or her? YES
158. Does...often make such blunt, cutting comments that someone's feelings are hurt? YES
161. Is...superior or overbearing in attitude toward others? YES

S U P P L E M E N T A L    S C A L E    S U M M A R Y

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SCALE 1, EMOTIONAL STABILITY

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indicates the extent of cognitive control over reactions to life's circumstances and events. It deals with the accuracy with which the individual interprets the world, and to what degree, if any, reasoning is distorted by emotionality.

ROBERT falls at the 54th percentile with a sten of 6.

SCALE 2, SELF - ESTEEM

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indicates how an individual feels about self in comparison with others. A high score suggests a favorable impression with respect for self, while a low score is suggestive of negative feelings and self-disparagement.

ROBERT falls at the 91st percentile with a sten of 10.

## SCALE 3, OUTGOING / GREGARIOUS

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indicates the direction of the respondent's interest from primarily outward where satisfaction and energy are derived from involvement with other people in real life situations, to primarily inward where satisfaction comes from being by one's self and focusing on internal matters and ideas.

ROBERT's falls at the 96th percentile with a sten of 10.

## SCALE 4, INTERPERSONAL EFFECTIVENESS

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measures characteristics conducive to forming and maintaining close family, parent-child and other interpersonal relationships. The high scorer is usually perceptive, considerate, patient, understanding and forgiving. There is a firm desire to get along with others and make allowances for their shortcomings. As scores fall into the lower stens, one can anticipate discomfort or even considerable difficulty in establishing and maintaining firm personal relationships. There is often a lack of patience and understanding with little inclination to be considerate of the weakness of others.

ROBERT falls at the 5th percentile with a sten of 1.

## SCALE 5, ALIENATING

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indicates the extent to which a person turns hostilities, frustrations, or insecurities into behavior that others are likely to view as disagreeable.

ROBERT falls at the 98th percentile with a sten of 10.

## SCALE 6, INDUSTRIOUS / PERSEVERING

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is an indication of initiative, tenacity of purpose and other qualities which go with self-assertion and leadership.

ROBERT falls at the 56th percentile with a sten of 6.

## SCALE 7, PERSUASIVE / INFLUENTIAL

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describes a 'people-centered', outgoing individual who is not only convivial, but energetic, forceful and convincing. The low scorer may lack confidence, or just not be interested in verbal exchange and talking people into a particular action or point of view.

ROBERT falls at the 98th percentile with a sten of 10.

## SUMMARY OF SUPPLEMENTAL SCALE SCORES

SCALE -----	%ILE -----	STEN -----
1. EMOTIONAL STABILITY	54th	6
2. SELF-ESTEEM	91st	10
3. OUTGOING/GREGARIOUS	96th	10
4. INTERPERSONAL EFFECTIVENESS	5th	1
5. ALIENATING	98th	10
6. INDUSTRIOUS/PERSEVERING	56th	6
7. PERSUASIVE/INFLUENTIAL	98th	10

END OF REPORT

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